



THE NATIONAL GAS COMPANY OF TRINIDAD AND TOBAGO LIMITED

MEDIA RELEASE

NGC SEA Recognition Programme 2018

19th July 2018

"I did not think cooking could be fun. But I was wrong. I had a great time and I learnt to make chocolate cheesecake wantons! Yum!" This was the reaction of one of NGC's employees' children who participated in The National Gas Company of Trinidad and Tobago Limited's (NGC's) Annual SEA Recognition Programme. This programme has become a staple at NGC, closing in on its 10-year anniversary.

NGC usually recognises children of its employees who have written Secondary Entrance Assessment (SEA) Exam with an innovative fun day. On July 13th 2018, 16 eager and not-so-eager kids were treated to a highly interactive cooking session at Fanatic Kitchen Studios with trained chefs. However, by the end of the session, the naysayers had become cooking converts.

The session started with a safety brief by Chef Jason Peru, who also delivered a short talk about health and safety in the kitchen. Following this, the group was split into three teams and each team given a specific menu item to execute alongside their chef partner. This activity was a great team building opportunity for the children to learn new skills while also functioning in a new environment with unfamiliar team members; much in the same way they will experience as they enter their new schools and meet new people.

At the end, a menu of chicken roulade stuffed with bell peppers and cheese, vegetable quesadillas, potato balls stuffed with olive and cheddar, devilled eggs, tossed salad with caesar's dressing, and chocolate cheesecake wontons, was presented and everyone got to indulge in the spread. Along with souvenir aprons from Fanatic, the children were also presented with Kindles by Corporate Communications Manager, Lisa Burkett and Human Resources Manager, Carol London-Sylvester.

This is not the only youth-oriented activity which takes place like clockwork at NGC during the vacation period as a Mentorship Programme for Undergraduate Students also takes place. NGC continues to take an active interest in the development of our nation's youth, and the celebration of its employees' SEA graduates is one such mechanism which acts as a touch point for both our employees and their children.

NGC extends best wishes to each child who wrote the SEA Exam this year as they embark on this new and exciting journey.

For further information, please contact:

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