



The National Gas Company of Trinidad and Tobago Limited
Media Release
NGC NAAATT YEP Online Symposium

August 25th 2020

Even amidst the need to maintain social distancing, NGC is seeking alternative ways to engage with our stakeholders. The company has made it a mandate to continue developing our CSR partners and finding innovative ways to implement planned programmes, despite the challenges of COVID-19.

On August 18th 2020, NGC hosted an Online Career and Life Skills Development Symposium for the Youth Elite Programme (YEP) athletes focusing on the areas of social media etiquette, mental health and career guidance. The online symposium was meant to build the capacity of these talented young athletes beyond their track and field careers and further develop them into well rounded, contributing members of society.

The YEP was launched in 2017 by NGC, in partnership with The National Association of Athletics Administrations of Trinidad & Tobago (NAAATT). The NGC NAAATT YEP facilitates the holistic development of young track and field athletes between the ages of 14 and 20, who have been identified as having 'podium-potential' by 2024. The programme aims to have a cadre of athletes who will be prepared physically, emotionally, socially and technically to improve their confidence and performance in the sport.

The Symposium exposed the athletes to the tenets of problem solving, accountability for their actions, collaboration, analytical thinking, diversity

and self-awareness. They were urged to stay focused despite challenges being faced globally in light of the ongoing effects of the COVID-19 pandemic.

According to Manager Corporate Communications, Lisa Burkett *"This online symposium comes at a time when these athletes would have ideally been wrapping up participation in local track and field activities in their lead up to regional and international finals. The entire world is still finding its footing as we all aim to exist in our new normal. My advice to them will be to stay in shape, keep focused, do not give up hope, and know that your time will soon come."*

Mr. Ian Carter, Coordinator of the NGC NAAATT YEP at the NAAATT shared his thoughts, *"The session was excellent and the presenters were great and quite engaging, so much so that I found myself also practicing my social media etiquette following the symposium! The athletes were quite engaged and seemed to have enjoyed the session immensely."*

NGC's remains committed to developing the next generation of high performing athletes through the NGC NAAATT YEP. The Company stands firm with our track and field athletes as they too navigate our new normal.

For more information:

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